

# WHAT'S HAPPENING THIS WEEK?

## MONDAY JUNE 29TH

HIGH INTENSITY FULL BODY WORKOUT AT THE KIRK O. LARSON SR. MEMORIAL PARK 9:00-10AM

## TUESDAY JUNE 30TH

COMMUNITY YOGA AT THE KIRK O. LARSON SR. MEMORIAL PARK 9:30AM-10:30AM

## WEDNESDAY JULY 1ST

ZUMBA IS CANCELED THIS WEEK

## THURSDAY JULY 2ND

ADAPTIVE PROP YOGA AT THE KIRK O. LARSON SR. MEMORIAL PARK 8:30AM-9:45 AM

## SATURDAY JULY 4TH

INDEPENDANCE DAY PARADE

THE PARADE WILL START AT 6:00PM ON WEST 11<sup>TH</sup> ST., GO DOWN CENTRAL AVE. TO BROADWAY, DOWN WEST 6<sup>TH</sup> ST. ONTO BAYVIEW & CONCLUDE AT KIRK O. LARSON SR. MEMORIAL PARK