



WHAT'S HAPPENING THIS WEEK?

MONDAY JULY 20, 2026

HIGH INTENSITY FULL BODY WORKOUT AT THE KIRK
O. LARSON SR. MEMORIAL PARK 9:00-10AM
SUMMER CONCERT FROM 7PM-9PM AT THE
BAYBREEZE PAVILION WITH SHORTY LONG & THE
JERSEY HORNS !

TUESDAY JULY 21, 2026

COMMUNITY YOGA AT THE PAVILION 9:30AM-
10:30AM

WEDNESDAY JULY 22, 2026

ZUMBA WITH JUDIE AT THE PAVILION 10:30AM-
11:30AM

THURSDAY JULY 23, 2026

ADAPTIVE YOGA AT THE PAVILION 8:30AM-9:45 AM
SAND SCULPTING CONTEST AT THE 25TH ST.
BEACH 2PM

SATURDAY JULY 25, 2026

BARNEGAT LIGHT OCEAN MILE SWIM 6:30 PM-8:00
PM 16TH ST.

